



Montana
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THINK FOOD

School Nutrition Programs

Shipment 3

September 2013

SEND WORD NOW

The rapid alert system, Send Word Now self-update was recently emailed to all Food Service Managers and Superintendents participating in the National School Lunch Program (NSLP). If you have not responded to that email please do so as soon as possible.

It is important that we have updated contact information on everyone should there be a hold or recall on any USDA Foods.

The Send Word Now system, provided by the USDA, provides the OPI School Nutrition Programs with the ability to notify schools in minutes of notification of a hold or recall of any USDA Foods.



ABC MEETINGS

The fall ABC meetings are scheduled for the last week in October. The first meeting will be October 29th in Miles City at the Guesthouse Inn, the Great Falls meeting will be October 31st, at the Holiday Inn and on November 1st we will meet in Missoula at Ruby's Inn. The meetings begin at 9:00 a.m. and end at 1:00 p.m.

If you have any agenda items you would like discussed by the committee, please submit them to the OPI School Nutrition Programs office by October 18, 2013.

USDA FOODS AVAILABLE

Whole grain macaroni and whole grain rotini are both available if you need additional cases on shipment 3. Email your requests to juwilson@mt.gov by September 19, 2013.



DoD REMINDER

Be sure to begin using your DoD dollars. September allotments should be spent by September 30, 2013. All DoD entitlement must be spent by June 30, 2014.

FUN FACTS

Did you know that eating about 20 tart cherries a day can reduce inflammatory pain and headache pain? Or that lettuce is a member of the sunflower family and is the second most popular vegetable in the US? Egg yolks are one of the few foods that naturally contain Vitamin A. Bananas are 99.5% fat free and are a great source of potassium which helps build muscle power and help keep your body fluids in balance. Washington State grows the most apples in the U.S. and we eat 900% more broccoli than we did 20 years ago?



Visit the Ag Day web-site at: http://www.agday.org/education/fun_facts.php for more interesting food facts to share with your students.



MONTANA CRUNCH TIME!

Join schools, colleges, preschools, other institutions and individuals across Montana in celebrating Food Day by *crunching* into local or regional apples on **Food Day, October 24th at 2:00pm MST**. Check out this year's Food Day priorities, school curriculum, and RSVP for the Montana Crunch Time event on the Web at www.foodday.org.

Don't forget to share photos, videos, or crunch sound bites to be compiled into a collective crunch video! For more on Montana Crunch Time visit MT Farm to School at www.opi.mt.gov/Farm2School.

USDA FOOD PROCESSING

If you ordered any USDA bulk products sent to processors for further processing, be sure to place your orders with the companies that you requested your pounds be sent to. Also, if you had any remaining pounds at a processor from SY 2013 be sure to place orders to use those pounds during the 2014 SY.

Sign-up as a Recipient Agency (RA) on one or both K12Foodservice or ProcessorLink to follow your processing balances. The Web addresses are www.k12foodservice.com and www.processorlink.com.

SCHOOL REVIEWS ARE BACK

The following list of schools will be reviewed during the 2013-14 school year: Anaconda, Anderson, Auchard Creek, Augusta, Bainville, Belfry,



Belt, Big Sandy, Billings Central Catholic Schools, Boulder, Browning, Cascade, Cascade County Regional Youth Services, Centerville, Chinook, Community Counseling, Culbertson, Dillon, Dodson, Drummond, East Glacier Park, Elliston, Eureka, Froid, Fromberg, Frontier, Geraldine, Great Falls Childrens Receiving Home, Harlem, Highwood, Holy Spirit Catholic School, Hot Springs, Joliet, Jordan, Kairos Runaway Attention, Kalispell, Kila, Kinsey, Kircher, Lake County Youth Guidance Home, Lavina, Libby, Lima, Lincoln, Lone Rock, Luther, Medicine Lake, Miles City, Missoula Elementary Schools, Montana City, Montana Youth Challenge, Morin, NKWUSM, Olney Bissell, Our Lady of Lourdes Catholic School, Park City, Park High School, Philipsburg, Plains, Plentywood, Rapelje, Red Lodge, Reedpoint, Ross, Ryegate, Saco, Sacred Heart School, St. Matthews School, Sun River Valley, Swan River, Terry Thompson Falls, Trego, Trout Creek, Troy, Ulm, Vaughn, West Valley, Westby, Western Montana Mental Health, White Sulphur Springs, Whitehall, Wibaux, Wolf Point, Youth Homes.

The schools scheduled for review will be sent a notification letter with instructions on how to submit the materials for the nutrient analysis of menus. This notification will be sent one month prior to the review date.

Please notify the specialist on the letter if there are scheduling conflicts with the date of review that has been selected or if you have questions about the review process.